

What to put in an EMERGENCY SUPPLY KIT



A natural disaster or any public emergency may separate you from your home or from family members at any time. Be as prepared as possible by having an evacuation plan that includes a central meeting place, emergency contacts that can be easily reached, your credit and debit cards, the customer service phone number for your credit card provider, and a survival kit or “go-bag” that will help you in your home or at an evacuation site.



**American
Red Cross**

The American Red Cross provides a checklist and other helpful information online, so you can proactively prepare.

BASIC SUPPLY CHECKLIST

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Flashlight
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- Deluxe family first aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Credit and debit cards and contact information for your credit union
- Emergency blanket
- Map(s) of the area

ADDITIONAL CONSIDERATIONS FOR FAMILY MEMBERS

- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc.)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys
- Manual can opener

ADDITIONAL SUPPLIES TO KEEP IN YOUR SURVIVAL KIT BASED ON THE TYPES OF DISASTERS IN YOUR AREA

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat, and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags